

**THE HIGHLIGHT  
THE SAN ANTONIO CHAPTER  
QUARTERLY NEWSLETTER  
VOLUME 49, NUMBER 3  
3<sup>RD</sup> QUARTER 2023**



**HERE'S THE SCOOP FROM  
THE PRESIDENT**

Here we are in the heat of late summer with no relief in sight. I sincerely hope that you have enjoyed your summer but if you are like me, you are looking forward to a reprieve from this heat.

We are very proud of the Christus Children's Hospital of San Antonio (CHOSA) Emergency Department for winning an ENA Lantern Award for 2023. The ENA Lantern Award recognizes departments that exemplify exceptional and innovative performance in leadership, practice, education, advocacy and research. In a statement from the facility, this is a "symbol of the EDs commitment to quality, safety, healthy work environment and innovation in nursing practice and emergency care." Look for an article in an upcoming ENA Connection magazine about this outstanding department.

September 11<sup>th</sup> is a federally-recognized National Day of Service. This is a day to remember the terrorist attacks and give back to the community. If you can help a community service project or even just a neighbor, you can make a difference and put a face to Emergency Nurses. No matter the day, getting involved in the community is very rewarding and will enhance not only you but all projects and networks you come in contact with. You never know who you might meet or be able to inspire.

**SAENA 2023 Meetings**

**6:00 pm – 8:30 pm**

- **September - NO MEETING**
- **October 10, 2023 - Business Meeting and 2024 Officer Elections!**  
Peterson Regional Hospital 551 Hill Country Dr, Kerrville, TX 78028
- **November 14, 2023 – Business Meeting**
- **December 12, 2023 – Dinner Meeting**

*Meetings are currently being held in-person and via Zoom. If your facility would like to host a SAENA Business meeting contact: Diane Walcutt at [dianewalcutt@yahoo.com](mailto:dianewalcutt@yahoo.com)*

*If you know of someone who would like to present a 1-hour lecture at a SAENA meeting, please contact Leslie Hinson at [leslie.hinson54@outlook.com](mailto:leslie.hinson54@outlook.com),*

*For meeting locations and Zoom access information see the SAENA website at: [www.sanantonioena.org/meetings/](http://www.sanantonioena.org/meetings/)*

***What's Hot in 2023!***

- **November 9<sup>th</sup> – 'Concepts of Emergency and Critical Care Nursing – 2023.'**

**To see the conference schedule, and the speaker s and presentations information go to page 4 of the Newsletter!**

Your SAENA has been working on changing our by-laws to add additional positions to our Board of Directors. This is part of our succession plan in order to better transition every year to support the new President. Everyone should have received an email from SAENA back in August asking for any comments on the new by-laws. The final vote on these by-laws will be done at the October 10<sup>th</sup> meeting, just prior to our chapter elections. Please let your voice be heard and attend the meeting, either by Zoom or in person. If you have any desire to learn more about the workings of SAENA Board of Directors, please consider running for a position, such as Director. We would love to see new faces and need your “fresh eyes” to keep our momentum moving forward.

Speaking of October, it would be wonderful if you could join us at the Texas State ENA Meeting, Oct 14-15<sup>th</sup>, being held in Abilene. If you don't want to drive to Abilene, you can always join by Zoom. This meeting provides lots of information about what is going on in Texas and includes the annual Gala & Awards event, which is always a fun event! For the Gala, RSVP by Oct 1<sup>st</sup>. Visit TXENA.org website or more information.

Emergency and Critical Care Nursing – 2023' is fast approaching, slated for Nov 9<sup>th</sup> at Shrine Auditorium in San Antonio. Our speakers are varied and will cover topics such as documentation, trauma from lightning, forensic photography, adhesive skin injuries, and pediatric sepsis. Consider attending either in person or by Zoom. A total of 7 hours of education will be available. Registration is available on the SAENA website: <https://www.sanantonioena.org/2023-conference/> Hope to see you there.

Emergency Nurses Week is October 8-14<sup>th</sup>. Join your SAENA for a fun 5k run/walk, emphasis FUN. If you wish to attend in person, please meet us on October 8<sup>th</sup> at McAllister Park, 13102 Jones Maltsberger Rd, San Antonio, TX 78247. We'll be starting at 6PM and expect to be done no later than

## 2023 TNCC Provider Courses

October 28 - 29, 2023

Contact: Susan Douglass  
[susan.douglass1948@yahoo.com](mailto:susan.douglass1948@yahoo.com)  
or (210) 215-5540

All course will be held at the  
STRAC Building

7500 US-90 #1,

San Antonio, TX 78227

For more information see the

SAENA website at

[sanantonioena.org/education/tncc/](http://sanantonioena.org/education/tncc/)

## 2023 ENPC Provider Courses

October 7 - 8, 2023

December 2 - 3, 2023

Contact: Diane Walcutt -  
[dianewalcutt@yahoo.com](mailto:dianewalcutt@yahoo.com)  
or (210) 387-7236

All course will be held at the  
Clinical & Professional Education  
(CaPE)

8109 Fredericksburg Rd, San  
Antonio, 78229

2nd floor, Endeavor Classroom

For more information see the

SAENA website at

[sanantonioena.org/education/enpc/](http://sanantonioena.org/education/enpc/)

8PM. Lace up those running or walking shoes and join us!

Also, during Emergency Nurses Week, you will be seeing members of your SAENA chapter at your facility dropping off goodies.

If you have any questions, please don't hesitate to ask either in person or in an email. You can reach any of the Board members by going to our website. Under the 'About' tab, you will find pictures and email links.

Keep up your good work during these waning days of summer. I look forward to seeing you at a future meeting or event.

Respectfully,



Diane Walcutt, BSN, RN, CEN  
SAENA President, 2023



## 2023 Texas ENA Meetings

Oct 13-14 Host - Staked Plains Chapter

2023 Gala - Registration Deadline - October 1st The Mill. 239 Locusts St. Abilene, TX 79602

Committee Meetings - Oct. 13<sup>th</sup>

State General Assembly – Oct. 14<sup>th</sup>  
Hendrick Hospice Care: 1651 Pine St, Abilene, TX 79601

Hotel info on TxENA website. Need to book ASAP due to competing events.

For more information see the TxENA website at:

### ***Change in EN23 Dates!***

EN23 is now scheduled for September 21<sup>st</sup> - 23<sup>rd</sup> in San Diego, California

General Assembly September 20<sup>th</sup> - 21<sup>st</sup>.

For more information on EN23 and to register see the ENA website at:

***<https://www.ena.org/events/emergency-nursing-2023>***

### ***EN23 5K Challenge Run/Walk/Stroll***

► EN Week 5K – How does your state rank in the EN Week 5K Challenge? Every registrant counts towards your state's total – not just ENA members and emergency nurses – so encourage people to register. The winning state in each category receives a prize. Benefits proceed the ENA Foundation.

# ***San Antonio Emergency Nurses Association***

## ***‘Concepts in Emergency and Critical Care Nursing – 2023’***

### **Hybrid Educational Conference**

### **Schedule of Events**

**November 9, 2023**

- 0645 – 0730** Registration, Breakfast and Visit with the Vendors
- 0730 – 0745** Welcome
- 0745 – 0845** *‘Lightning Strikes’*  
**Dr. Josephine Livingston, MD**
- 0845 – 0855** Break
- 0855 – 0955** *‘Patient Safety: The Role of Medical Adhesives’*  
**Amy Timmons, MSN, RN, NPD, BC-VA**
- 0955 – 1015** Break with vendors
- 1015 – 1115** *‘Nursing Documentation’*  
**Debra S. Reynolds, RN, JD**
- 1115 – 1215** Lunch and visit with the vendors. Vendor Prizes and Raffle
- 1215 – 1315** *‘Falls Awareness Lengthens Lives’*  
**Susan Douglass, MSN, RN, CEN**
- 1315 – 1325** Break
- 1325 – 1425** *‘Overview of Emergency Medical Photography’*  
**Susan Lopez, BFA - Photography**
- 1425 – 1435** Break
- 1435 – 1535** *‘It Takes a Team: Management of Pediatric Sepsis in 2023’*  
**Cam Brandt, MS, RN, CEN, CPEN, CPN**
- 1535 – 1545** Break
- 1545 – 1645** *‘LGBTQIA2S + Alphabet Soup: What Does it All Mean?’*  
**Leslie Hinson, MSN, RN, CEN, CNL**
- 1645 + Closing**

**Speakers, lectures and times are subject to change.**

# ***San Antonio Emergency Nurses Association***

## ***‘Concepts of Emergency and Critical Care Nursing – 2023’***

### **Speaker Identification and Presentation Descriptions**

#### ***0745 – 0845: Lightning Strikes***



**Josephine Livingston, MD**

Dr. Livingston is the Medical Director and Trauma Director of Peterson Regional Medical Center in Kerrville, Texas. She graduated from the University of Newcastle in Australia in 2008 and completed her Emergency Medicine Residency at Oregon Health & Sciences University in 2019. Dr. Livingston has performed research on the practice patterns and patient experiences of new onset of atrial fibrillation and is a published author.

**Learner Objectives:** Participants will gain increased knowledge regarding the impact of lightning strikes including statistics related to morbidity/mortality, mechanisms of injury and injuries by body systems.

#### ***0855 – 0955: Patient Safety: The Role of Medical Adhesives***



**Amy Timmons, MSN, RN, NPD, BC-VA**

Ms. Timmons is currently a clinical specialist for 3M and provides education in health care facilities throughout the country on various 3M products. A nurse for over 30 years she has wide experience at the bedside and as an educator. She has been faculty at Galan College of Nursing, San Antonio, where she taught fundamentals of nursing skills lab, advanced medical/surgical skills didactic, and advanced medical/surgical skills lab. As a Clinical Educator at the Methodist Specialty and Transplant Hospital in San Antonio she not only assessed educational needs but also developed and evaluated educational programs to improve patient outcomes and provision of safe care. Ms. Timmons is a well know lecturer and published author.

**Learner Objectives:** Participants will gain knowledge and skills in identifying patients at risk for Medical Adhesive-Related Skin Injuries (MARSII), selecting medical adhesives based on patient characteristics and adhesive technology, identifying the common causes of impaired skin integrity under medical adhesives and interventions to ensure patient safety and maintain skin integrity when using medical adhesives.



## 1015 – 1115: *Nursing Documentation*



Debra S. Reynolds, RN, JD

Ms. Reynolds graduated from Texas Wesleyan University School of Law in 2003, (now named Texas A&M University School of Law, earning her Juris Doctor. She began practicing law for a large medical malpractice defense firm in Dallas, Texas. Ms. Reynolds has been an advocate for helping make individual lives whole for over 28 years. In 1995, she earned her nursing degree and became licensed to practice as a Registered Nurse in Texas. Her experience as a Registered Nurse has provided her with first-hand knowledge and insight into the daily operations of a hospital environment and the interactions of the healthcare team. Her compassion for the well-being of people has served her well in her practice as a nurse and has followed her in her career as a focused personal injury and medical negligence lawyer.

*Learner Objectives:* Participants will have increased understanding of the purpose of the medical record and various regulations which govern documentation as it relates to the Nursing Standard of Practice. In addition, they will have increased knowledge related to the criteria for quality documentation including the definitions of negligence, burden of proof, unsafe practice as well as what constitutes poor documentation.

## 1225 – 1325: *Fall Awareness Lengthens Lives*



Susan Douglass MSN, RN, CEN

Mrs. Douglass is currently retired from nursing but is still active in the education of emergency nurses and the community. Mrs. Douglass worked in the University Hospital Emergency Department as a staff nurse, Director, and Administrative Director from 1969 to 1995. After leaving the Emergency Department she served as the facility's Administrative Director for the Child Health and Safety Awareness Program from 1995-2014 and the Director of the San Antonio Safe Kids Coalition from 1998-2014. An active member of the Emergency Nurses Association, Mrs. Douglass has served as both the state and local chapter's President and director. She has been the San Antonio ENA's Course Director and instructor for the Trauma Nursing Core Course (TNCC) since 1987 and has provided courses across south Texas and internationally. She continues to work with the community by providing lectures on Falls Awareness and Stop the Bleed.

*Learner Objectives:* Participants will gain knowledge and skills in identifying what changes in mobility increase the potential for falls, what medications contribute to falls, the impact of vision and hearing changes, presence/removal of fall hazards in the home and what resources are available to help mitigate the potential of falls.

## 1335 – 1445: *Overview of Emergency Medical Photography*



**Susan Lopez, BFA Photography**

Mrs. Lopez is a Medical Photographer at Brooke Army Medical Center in San Antonio, Texas. She documents medical procedures through photographs/ videos, takes forensic photographs for legal and autopsy cases, sets up photography for the Sexual Assault Medical Forensic Examiner Program (S.A.M.F.E.) and archives the photographs/ videos on electronic media. Mrs. Lopez received her BFA in Photography from The University of Akron in Akron, Ohio in 2013. Upon graduation, she joined the Cleveland Clinic as a Medical Photographer for the Dermatology and Plastic Surgery Institute. She was a still photographer for the Cleveland Clinics second successful near total face transplant in September 2014 and third successful total face transplant in May 2017. Which was featured in the National Geographics article “The Story of a Face”. Mrs. Lopez has produced the photographs for numerous medical articles, medical journals, and text books.

**Learner Objectives:** Participants will have increased knowledge and skills related to correctly identifying when photographs should be taken, verifying consent, following departmental guidelines, tips for a successful photography session and the processing and appropriate storage of the images.

## 1445 – 1545: *It Takes a Team: Management of Pediatric Sepsis in 2023*



**Cam Brandt, MS, RN, CEN, CPEN, CPN**

Ms. Brandt recently retired after 40 years in pediatric nursing where she focused on bedside nursing, transport/flight nursing, and education. She continues to teach the Trauma Nursing Core Course (TNCC) and Emergency Pediatric Nursing Course (ENPC). A published author and well-known speaker on pediatric topics, Ms. Brandt has been an item writer for the Certified Pediatric Emergency Nurse Certification (CPEN) exam and was a content editor for the 6th edition of the Emergency Nursing Pediatric Course (ENPC). An active member of the Emergency Nurses Association (ENA) she currently is Chair of the Texas ENA's Pediatric Committee. Ms. Brandt is the 2023 recipient of national Emergency Nurses Association's (ENA) most prestigious honor, the Judith C. Kelleher Award.

**Learner Objectives:** Learners will understand the roles of prehospital, ED and ICU personnel in assessing and caring for the critically ill pediatric patient based on sepsis definitions, updated pediatric sepsis guidelines, current research, collaborative approach in case studies, review of resources and applicable toolkits.

## 1555 – 1655: *LGBTQIA2S + Alphabet Soup: What Does it All Mean?*



Leslie Hinson, MSN, RN, CEN, CNL

Ms. Hinson is currently Visiting Associates Professor for the School of Nursing and Health Professions at the University of the Incarnate Word. A retired Major in the Nurse Corp, US Air Force Reverses (2012), she graduated from the University of Texas-Houston Health Science Center with a BSN in 1997 and then worked as a bedside nurse in the ED, critical care units, an air transport nurse and has been a Unit Manager/Emergency and clinical nurse educator. Focused on providing outcome-driven evidence-based interventions, establishment of education plans and development of educational programs to improve quality of care, Ms. Hinson served as the Education Coordinator for Methodist Healthcare and Director of Education for Methodist Stone Oak Hospital. In addition, she served as the Clinical Nurse Leader/Clinical Educator for the Christus Santa Rosa Westover Hills Hospital. An active member of the Emergency Nurses Association (ENA) Ms. Hinson won the Texas ENA's Nursing Practice and Professionalism Award in 2022 and the National ENA's Nursing Practice and Professionalism Award in 2023.

*Learner Objectives:* Participants will gain increased knowledge on common terms used by the LGBTQIA2S + community, intrinsic and extrinsic bias experienced by the LGBTQIA2S + community particularly in the healthcare community and will develop tools for communication and patient centered care for patients and family members who are members of the LGBTQIA2S + community.

### *Conference Locations*

#### In-person Attendance

**Shrine Auditorium**  
901 N. Loop 1604 West  
(Access Road)  
San Antonio, Texas 78232

#### Virtual Attendance

**Via Zoom**  
Access information provided  
upon registration



<https://www.sanantonioena.org/2023-conference/>



# ***2023 SAENA Officer Elections***

## ***Nominations Needed!***

**It's almost time to vote for the 2024 SAENA Officers!**

**Board of Directors (BOD) elections will take place at the October 10, 2023 Business Meeting.**

**Nominations are needed for 2024 BOD elections.**

**The following BOD positions are available:**

- **President-Elect: 1 year**
- **Secretary: 1 years**
- **Secretary-Elect: 1 year**
- **Treasurer: 1 year**
- **Treasurer-Elect: 1 year**
- **Director (1) – two years**

**Current Nominees:**

- **Treasurer: Erick Christensen**
- **Secretary: Sandra Tellez**
- **Director: Lisa King**

**The qualifications for the above positions can be found on SAENA website in the SAENA Bylaws at:**

**<https://www.sanantonioena.org/wp-content/uploads/2020/04/SAENA-2020-Bylaws.pdf>**

**If you have any questions about the requirements for any position after reviewing the information in the Bylaws, feel free to ask the current officers. We all work as a team so help is always available.**

**If you are interested in running for a 2024 BOD position, please contact Carol Twombly via email at: [cltwombly@aol.com](mailto:cltwombly@aol.com)**

**Nominations will also be taken from the floor at the October 10<sup>th</sup> SAENA Business/Elections meeting.**

# **ENA**

## **2023 Officer Elections**

### **NOW OPEN!**

The 2023 Emergency Nurses Association Election is open now! Take advantage of this opportunity as an ENA member and cast your vote to make an important investment in the future leaders of your profession.

Each member will receive an email from the ENA with their voting link.

**ONLINE VOTING IS EASY!** Simply click the link in the email to learn more about each candidate and to cast your online ballot:

For your convenience, ballots are accessible through various devices, including smartphones and tablets.

Once you have voted, you will receive a 2023 ENA National Elections Conformation email. Save the email as quick proof of voting for such things as ENA delegate applications.

If you have difficulty voting or have questions about voting online, please contact Election Services Co. by email

at [ENAElection@electionservicescorp.com](mailto:ENAElection@electionservicescorp.com) or call 1-866-720-HELP (4357), 9 a.m. - 6 p.m. Eastern time.

For other inquiries, you may contact ENA Staff at [governance@ena.org](mailto:governance@ena.org) or call 1-847-460-4095.

**DO NOT FORWARD** the ENA email to anyone; it is the member's personal ballot information.

**Voting will close on Sept. 22, 2023 at 7 p.m. (CT)**

# Safety Whys

## Babysitting Training Course Update!



Lisa King (top right), a member of San Antonio ENA, coordinated her second Annual Safety Whys Babysitter course in Kerrville, sponsored by Peterson Regional Medical Center on July 20, 2023.

For more information on the Safety Whys Babysitter Training Course see the SAENA website at <https://www.sanantonioena.org/education/safetywhys/> or contact Barbara Baldwin at [bbaldwin@satx.rr.com](mailto:bbaldwin@satx.rr.com) or 210 695-9838

### **SAENA's NEW MEMBERS**

***The SAENA welcomes our new members who joined since March 15, 2023:***

Katelyn Carvalho, Nancy Shai, Neolla Shao, Joseph Cummings, Raul De Jesus Valdez, Martin Salvador Hernandez, Omar Amescua Garcia, Xochitl Foulis, Laura Marshall, Daisy Cruz, Juan Navarro, Samantha Montoy, Lisa Marie Hayes, Mary Jane Quintanilla, Adrienne Stueber, Alaina Karsky, Adriana Herrera, Rifat Antara, Apryl Antonino, Ashley Garza, Crystal Asebedo, Cynthia Vega, Elizabeth Garcia, Elizabeth Dixon, Kimberly Houston, Laura Perez, Analea Ortiz, Jessenia Ramos, Krystyn Turner, Cheyenne Jewell Hallmark, Lauren Hill, Apolonia Gutierrez, Kenneth C Jones, Noah Daniel Rios, Joseph Eby, Johnny Massiate, Sarah Merrell, Mollee Kennedy, Melissa Munoz, Paige Bolen, Scott A Reavis, Rhiannon Rasmussen, Faviola Flor Martinez, Larry Calzoncit, Natalya Gedenberg, Julie Pyle Vereen, Rachel Locklear, Monika St. Clair, Meghan Schmidt, Grace Van Hees, Heather L Ramirez, Adrianna Grace Denny, Cynthia Turner, Cambrie Cortez, Victoria Castellanos and Luis F Dixon.

# 2023 Annual Awards Winners – San Antonio

The SAENA congratulates the local winners of the 2023 Texas and National ENA awards!

- **TxENA Annual Awards:**
  - Texas Nurse Education Award: Captain Marissa Vasek, MSN, RN, CEN
- **National ENA Award Recipients.**
  - Nursing Practice and Professionalism - Leslie Hinson, MSN, RN, CEN, CLN
  - State Achievement Award
    - Texas ENA led by Yvonne Mosely and her 2022 Board
  - ENA Lantern Award
    - Christus Children's Hospital of San Antonio (CHOSA) Emergency Department
- **2023 Class of Academy of Emergency Nursing Fellows**
  - Barbara Baldwin, RN

## What's Happening and What's New?

### What's Happening and What's New for Nursing Practice?

#### **Blood pressure cuff sizes make a big difference!**

Blood pressures can be inaccurate, either too high or too low if the cuff size isn't correct for the patient. Author Affiliations - JAMA Intern Med. Published online August 7, 2023

Effects of Cuff Size on the Accuracy of Blood Pressure Readings The Cuff (SZ) Randomized Crossover Trial. Junichi Ishigami, MD, MPH<sup>1</sup>; Jeanne Charleston, RN<sup>1</sup>; Edgar R. Miller III, MD, PhD<sup>1,2</sup>; et al Kunihiro Matsushita, MD, PhD<sup>1,2</sup>; Lawrence J. Appel, MD, MPH<sup>1,2</sup>; Tammy M. Brady, MD, PhD<sup>2</sup>

<https://jamanetwork.com/searchresults?author=Kunihiro+Matsushita&q=Kunihiro+Matsushita&doi:10.1001/jamainternmed.2023.3264>

#### **Syphilis on the Rise in Texas!**

Syphilis rates in Texas continue to climb, alarming healthcare workers who see the highest increases among pregnant people and newborns. A shortage of treatment is complicating efforts to combat it.

'An epidemic': Syphilis rages through Texas, causing newborn cases to climb amid treatment shortage by Karen Brooks Harper and Jayme Lozano Carver Sept. 13, 2023.

<https://www.texastribune.org/2023/09/13/texas-syphilis-newborns-treatment/>

## **September is Healthy Aging Month: Help Empower Resilience and Wellness Across Generations**

September is Healthy Aging Month, a time to celebrate the journey of aging and embrace practices that nurture resilience and well-being. AACN members are invited to learn about the Office of Disease Prevention and Health Promotion's efforts to promote health for older adults. Explore the invaluable resources like the Healthy People 2030 Custom List, Move Your Way® materials offering recommendations for physical activity for the aging, and the Physical Activity Guidelines for Americans Midcourse Report.

<https://health.gov/our-work/national-health-initiatives/healthy-aging/about-healthy-aging>

<https://health.gov/healthypeople/custom-list?list=odphps-healthy-aging-custom-list>

<https://health.gov/moveyourway#older-adults>

<https://health.gov/our-work/nutrition-physical-activity/physical-activity-guidelines/current-guidelines/midcourse-report>

## **San Antonio Nursing Consortium (SANC) signature event! Best 25 Nurses of South Central Texas**

We will be celebrating our 2023 Best 25 Nurses of South Central Texas on December 9, 2023! I would like to personally thank Dr. Golda Manalili for service as SANC Chair! As part of our customs and tradition, three nursing associations are hosting this year's event: Academy of Medical-Surgical Nurses (AMSN-SA Chapter), American Association of Critical-Care Nurses (AACN - SA Chapter), and Oncology Nursing Society (ONS – SA Chapter)! Dr. Sonya Renae Hardin, Dean, School of Nursing, UT Health San Antonio is this year's Honorary Chair.

**If your association would like to host the 2025 Best Nurses of South Central Texas** contact Nelson Tuazon at O: 210-358-2387 or C: 210-202-8318

## **September is National Suicide Prevention Month -**

but the need for awareness and resources to combat suicide is not bound by any date. If you, or someone you know, is considering suicide, find help and resources on Healthy Nurse, Healthy Nation's Nurse Suicide Prevention and Resilience website.

[https://www.nursingworld.org/practice-policy/nurse-suicide-prevention/?utm\\_campaign=508852\\_2023HealthyNurseHealthyNation\\_AUG\\_0195&utm\\_source=twitter&utm\\_medium=social&utm\\_content=ALL\\_1200x627\\_FREE\\_RN](https://www.nursingworld.org/practice-policy/nurse-suicide-prevention/?utm_campaign=508852_2023HealthyNurseHealthyNation_AUG_0195&utm_source=twitter&utm_medium=social&utm_content=ALL_1200x627_FREE_RN)

## **ANA on the Frontline feature: "Preventing nurse suicide: Nursing school and beyond." -**

Suicide rates have been greater among nurses than the general population for 10 years straight. Substance use disorders (SUD) also affect nurses and overlap with suicide when nurses are reported, are suspected of, or lose their licenses due to SUD.

<https://www.myamericannurse.com/preventing-nurse-suicide-nursing-school-and-beyond/>



## Local

### September officially kicked off Service Dog Awareness month.

<https://www.mysanantonio.com/life/pets/article/service-dogs-help-warriors-coping-with-ptsd-2184571.php>

Coincidentally, a new Texas House bill has taken effect which raised punishments for those faking their whiskered friend's capabilities— something a local training company says hurts the cause. <https://www.mysanantonio.com/news/local/article/Non-profit-works-on-TV-show-to-raise-awareness-of-5639090.php>

HB 4164, which passed both chambers and took effect on September 1, makes the false representation of animals as service animals a crime punishable by \$1,000 and up to 30 hours of community service. Both locals and legislators alike are saying the misrepresentation of service dogs has increased challenges for those really in need.

"HB 5206 (a companion bill) should help restore the reputation that trained service dogs have earned and limit negative interactions that service dogs experience," Texas Rep. Vikki Goodwin (R-47) told the Texas Council for Development Disabilities.

## State

- ***Deborah Birx, former COVID-19 White House adviser, to join Texas Tech's health center by Jayme Lozano Carver Sept. 13, 2023***

Birx served in the Trump administration, helping states navigate COVID-19. Her work in public health largely focused on HIV and AIDS

<https://www.texastribune.org/2023/09/13/deborah-birx-texas-tech-university/>

- ***Rosie Cuellar to run for open state House seat in district that includes Uvalde***

by Patrick Svitek Sept. 14, 2023

Rosie Cuellar, former Webb County tax assessor and the sister of U.S. Rep. Henry Cuellar, confirmed to The Texas Tribune on Thursday she intends to run in the Democratic primary for House District 80.

<https://www.texastribune.org/2023/09/14/henry-rosie-cuellar-texas-house-uvalde/>

- ***Upcoming Texas Infrastructure Amendments impact healthcare issues and medical equipment!***

*Texans will decide the fate of 14 constitutional amendments proposed by state lawmakers for the November 7<sup>th</sup> elections. Proposed changes are in:*

*Taxes, state parks, infrastructure: What you need to know about the Nov. 7 constitutional amendments election by María Méndez, Yuriko Schumacher and Texas Tribune Staff Sept. 15, 2023*

<https://www.texastribune.org/2023/09/15/texas-constitutional-amendment-voter-guide/>

### **Washington Update (September, 2023)**

- **Proposed Health Care Workforce Bill Contains Several ENA Priorities**

In July, Senator Bernie Sanders, I-Vt., chair of the Senate Health, Education, Labor and Pensions Committee, released draft legislation to address the growing shortage of health care workers, including emergency nurses. The bill, the Primary Care and Health Workforce Expansion Act, includes numerous provisions related to workplace violence, nursing pipeline and retention issues related to mental health care and boarding in the ED. Specifically, this bill would enact the Workplace Violence Prevention for Health Care and Social Service Workers Act and contains many provisions of the Future Advancement of Academic Nursing Act, both of which have been ENA Day on the Hill priorities in recent years. The bill would also take steps to provide additional funding to nurse training and retention programs under Title VIII of the Public Health Service Act. The draft legislation also contains several sections that address shortfalls in the availability of mental health services in the United States, including provisions that would expand mental, behavioral and substance use services for pediatric patients.

ENA will submit a letter highlighting the association's support for the specific parts of the legislation, as well as additional suggestions for strengthening provisions directed at reducing workplace violence and boarding in the ED.

- **Oregon Enacts Law to Require Nurse Staffing Ratios, Becomes 2nd in Nation**

On Aug. 15, OR HB 2697 became law, making Oregon only the second state in the country to enact laws mandating specific ratios for nurses within various departments of every hospital across the state. California passed a similar law in 1999 and remained the only state to establish state-mandated minimum nurse-to-patient ratios until now. Under the new Oregon law, each hospital would be required to establish a staffing committee, which would determine a staffing plan according to the needs of the facility. Unlike similar laws that have been passed recently, hospital staffing plans would be required to adhere to minimum nurse ratios for patients. For emergency departments, this means one registered nurse per patient in trauma units, and no more than four patients per registered nurse on average in the ED over a 12-hour shift. The ratio would not apply to ED patients who are in critical condition until they are stabilize.

- **Workplace Violence Prevention for Health Care and Social Service Workers Act**

**Current Status:** Rep. Joe Courtney, D-Conn., introduced H.R. 2663 on April 18. It was referred to the Education & Workforce, Energy & Commerce and Ways & Means committees to await further action.

Sen. Tammy Baldwin, D-Wisc., introduced S. 1176 on April 18. It was referred to the Health, Education, Labor and Pensions Committee to await further action.

**House Bill: H.R. 2663**

<https://www.congress.gov/bill/118th-congress/house-bill/2663>

**Senate Bill: S. 1176**

<https://www.congress.gov/bill/118th-congress/senate-bill/1176>

- **Improving Access to Mental Health from the Emergency Department Act**

**Current Status:** Sen. Shelley Moore Capito, R-W.V., introduced S. 1346 on April 28<sup>th</sup>. It was referred to the Health, Education, Labor and Pensions Committee to await further action.

House introduction is expected soon.

**Senate Bill: S. 1346**

<https://www.congress.gov/bill/118th-congress/senate-bill/1346>

- **Prevent BLEEDing Act**

**Current Status:** Sen. Robert Menendez, D- N.J, introduced S. 1653 on May 17<sup>th</sup> where it was referred to the Health, Education, Labor and Pensions Committee to await further action. House introduction is expected soon.

**Senate Bill: S. 1653**

<https://www.congress.gov/bill/118th-congress/senate-bill/1653>

- **MISSION Zero Act**

**Current Status:** Rep. Michael Burgess, R-Texas, and Rep. Kathy Castor, D-Fla., introduced H.R. 2416 on June 13. It was referred to the Energy & Commerce Committee to await further action. Senate introduction is expected soon.

**House Bill: H.R. 2416**

<https://www.congress.gov/bill/118th-congress/house-bill/2416>

## **EN411 Grassroots Advocacy**

Members of Congress need to hear from their constituents – this means you!

Action Alerts highlight some of our priorities before the House and Senate.

### **Join EN411**

<https://www.votervoice.net/ENA/Register>

### **Support Stop the Bleed Efforts Around the Country!**

<https://www.votervoice.net/ENA/Campaigns/106563/Respond>

### **Tell the Senate to Address the ED Mental Health Boarding Crisis!**

<https://www.votervoice.net/ENA/Campaigns/105262/Respond>

### **Support Emergency Nurses Against Workplace Violence!**

<https://www.votervoice.net/ENA/Campaigns/104032/Respond>

## **ENA Government Relations and Advocacy Events:**

**Sept. 21:** Emergency Nursing 2023: ENA Government Relations – Raising Awareness of ED Workplace Violence with Local Law Enforcement Officials (4:40-5:25 p.m.)

**Sept. 22:** Emergency Nursing 2023: ENA Government Relations and Advocacy – Recent Developments Impacting Emergency Nurses (3:30-4:15 p.m.)

**Sept. 23:** Emergency Nursing 2023: Government Relations Meet & Greet (1:45-2:30 p.m.)

**Sept. 26:** Citizen Advocate Webinar: The Virtual Advocacy Toolkit and Conducting Virtual Meetings with Members of Congress.

**Register for these events at:**

[https://us06web.zoom.us/webinar/register/WN\\_8\\_Hn7PanRXCqpEh883-UBw#/registration](https://us06web.zoom.us/webinar/register/WN_8_Hn7PanRXCqpEh883-UBw#/registration)

**For any questions or concerns contact [littlemommanurse@aol.com](mailto:littlemommanurse@aol.com)**



**Mary Leblond, MSN, RN, CEN, CA-SANE, CP-SANE, FAEN  
Chair of the Nursing Practice and the Government Affairs Committees**





## ***SAENA Shirts!***

**SAENA has new Chapter shirts!**

**Two styles of the SAENA purple shirts:**

- **“Golf Shirt”**
- **“Fishing shirt”**

**Prices are \$35 - \$45+ per shirt based on style and size.**

**Only cash or check will be accepted when ordering.**

**Pick up of the ordered shirts can be done at a SAENA Business meeting.**

**Shirts will be available to view and order at the SAENA Conference on November 9<sup>th</sup>.**

**For more information contact Diane Walcutt at 210-387-7236, or Janet Pena via text at 210-363-1662.**

***NOTE: Sizes of both styles run small!***



## **YOUR 2023 BOARD OF DIRECTORS**

**President:** Diane Walcutt

**President Elect:** Barbara Baldwin

**Past President:** Carol Twombly

**Treasurer:** Erick Christensen

**Secretary:** Sandra Tellez

**Directors:** Janet Pena and Dustin English

### **Opting Out**

If you wish to opt out of receiving this Newsletter or other SAENA announcements, please notify the SAENA at [citwombly@aol.com](mailto:citwombly@aol.com)

## **YOUR 2023 COMMITTEE CHAIRS**

**Bylaws / Policies:** Barbara Baldwin

**Election Process:** Carol Twombly

**Media:** Michael Moon

**Trauma / QSIP / TNCC:** Susan Douglass,  
QSIP Co-chair: Barbara Baldwin

**Pediatrics / ENPC:** Diane Walcutt

**Government Affairs / Nursing Practice:** Mary Leblond

**Membership:** Tabitha Selvester

**Fundraising / Conference:** Janet Pena  
Co-chair: Dorine Barbre

**Professional Education:** Leslie Hinson

**Newsletter:** Carol Twombly

**Scholarship:** Thomas Culwell

## ***Texas Board of Nursing - Continuing Education Requirements for RNs***

All Texas RNs are reminded to review the Texas Board of Nursing's mandatory continuing education re-licensure requirements located on the website at [https://www.bon.texas.gov/education\\_continuing\\_education.asp#D](https://www.bon.texas.gov/education_continuing_education.asp#D)

There are several factors which must be kept in mind when reviewing the information on the website:

- Course content must meet the stipulation requirements of the Texas Board of Nursing
- The time frame or licensure cycle for repeating the requirement differs from course to course
- The RN's practice type and/or 'float unit' may determine if a nurse needs to take a course
- Advance Practice RNs (APRN) have additional course requirements than RNs
- Course requirements are not automatically met with certification
- Additional education requirements may be added at any time. These requirements are announced in the Texas Board of Nursing's Bulletin.

### **Current RN Requirements:**

- Forensics Evidence Collection
- Older Adult and Geriatric Care
- Nursing Jurisprudence and Ethics
- \*Human Trafficking Prevention

*\*Must be an approved Texas HHS course.*

### **Current APRN Requirements:**

- Pharmacotherapeutics
- Tick-Borne Diseases
- \*Pain management and prescription of opioids
- \*Prescription of opioids
- Authorization to receive information from the Texas Prescription Monitoring Program

*\* All APRNs with prescriptive authority authorized to prescribe opioids*

# 'Concepts in Emergency and Critical Care Nursing - 2023'

## November 9, 2023



### In-person Attendance

#### **Shrine Auditorium**

901 N. Loop 1604 West  
(Access Road)

San Antonio, Texas 78232



### Virtual Attendance

#### **Via Zoom**

Access information provided  
after registration

***Special Event for Conference Attendees only – November 8, 2023***

**Registrants' Pre-Conference Dinner and Lecture**

**Sponsor: Astra Zeneca**

**Details to be sent upon registration!**

**7 Hours of Nursing Education!**

**Free Secure Parking! Free Wifi!**

Registration form, speaker information, course descriptions and  
conference schedule are posted on:

**<https://www.sanantonioena.org/2023-conference/>**



**\*Speakers and lectures are subject to change**



San Antonio Chapter

San Antonio Emergency Nurses Association  
'Concepts of Emergency and Critical Care Nursing – 2023'  
November 9, 2022

Conference Mail-In Registration Form

Please print legibly

First Name (will be displayed on badge)

Last Name

Credentials (eg: RN, APN, LVN, EMT-P, etc.)

Employer/Facility

Title

Home Address

City, State, Zip

E-mail address

Contact Phone Number

ENA Number: \_\_\_\_\_

*Must include valid ENA Number for member discount!*

*Check correct box below*

	**ENA Member	Non- ENA Member	LVN / EMS/ ***Student
<b><i>MUST indicate <u>REGISTRATION Type</u> for November 9, 2023</i></b>	<input type="checkbox"/> \$70	<input type="checkbox"/> \$85	<input type="checkbox"/> \$70

*Check correct box below*

	In-person Attendance	Virtual Attendance
<b><i>MUST indicate <u>ATTENDANCE Option</u> for November 9, 2023</i></b>	<input type="checkbox"/>	<input type="checkbox"/>

Registration Fees and Payment Information

Conference registration includes: Access to all sessions for all attendees. Access to a continental breakfast, lunch, and the exhibit hall for in-person attendees.

Make checks payable to: **SAENA, Inc**

Send registration form and payment to: Carol Twombly  
15215 Wayside Oaks St  
San Antonio, Texas 78232

Contact:  
cltwombly@aol.com  
Phone: (210)260-3699

To register by credit card, go to the SAENA website:

<https://www.sanantonioena.org/2023-conference/>

**\*\*Registrant must be an ENA member on the day of the seminar to receive the ENA Member Discount**

**\*\*\* Student – as defined by ENA: an individual obtaining their initial licensure as an RN (registered nurse).**

**Cancellation Notice:** A written request must be received before October 1, 2023 to receive a 75% refund. A written request received by October 15, 2023 will receive a 25% refund. There will be no refunds issued after October 15, 2023.

# ENA<sup>®</sup>

## EMERGENCY NURSING 2023

San Diego, California  
Sept. 21–23 | #EN23

### Emergency Nursing 2023 Registration!

**ENA invites you to Level Up!** Make your way to sunny San Diego to reconnect and get inspired at the largest emergency nursing conference in the world. Here's how you can Level Up at this year's event:

- Attend industry-leading emergency nursing education – more than 100 sessions to choose from
- Learn from industry leaders on the latest products and offerings in the robust Experience Hall
- Participate in exciting peer engagement and networking opportunities
- Earn CNE, get exclusive souvenirs and merchandise, participate in hands-on learning and so much more!



It's a career-changing experience *you won't want to miss.*

#### Registration Options:

- **Emergency Nursing 2023 in San Diego:** Be there in person with thousands of other emergency nurses. Includes Digital Access at no additional cost.
- **EN23 Digital Access:** Can't make it to San Diego? Access all recorded sessions – 100+ to choose from, plus livestreamed general sessions – and take advantage of digital networking opportunities.

This year's tiered pricing includes three options:

	<b>Advance Rate</b> May 25-July 19	<b>Standard Rate</b> After July 20
Member Full Conference	\$575	\$675
Nonmember Full Conference	\$675	\$775

[Learn More and Register](#)

For more information and registration go to the ENA website at:

<https://www.ena.org/events/en2023>