

San Antonio Emergency Nurses Association “Concepts of Emergency and Critical Care Nursing - 2019”

Speaker Identification and Presentation Descriptions

07:15 – 08:30 Opening Ceremony

‘Pediatric Emergencies: 3 Case Studies’



Sally K. Snow, BSN, RN, CPEN, FAEN

Ms. Snow is currently an independent consultant on pediatric emergency and trauma nursing. She previously was the Trauma Program Director, Trauma Services, Cook Children's Medical Center, Fort Worth, Texas from 1994-2017. Ms. Snow has been an extremely active member of the Texas and national Emergency Nurses Association holding the position of Texas President in 1990 and 2007, serving on the ENA's Board of Directors from 2013-2017 and is currently on the ENA Foundation Board of Trustees 2018-2019. A Fellow of the Academy of Emergency Nurses, Ms. Snow was presented with the Lifetime Achievement Award by the Texas Trauma Coordinators Forum in 2017. She is also a recognized author and speaker on emergency pediatric topics and injury prevention. **Learner Objectives:** The learner will gain knowledge regarding the importance of self-awareness in a high-stress environment; these will include functional coping methodologies, and strategies for care of the caregiver.

Learner Objectives: The learner will have increased knowledge on the mechanics of pediatric trauma and the priorities for assessment and intervention of a pediatric trauma patient in three case scenarios.

08:40 – 09:40

‘Emergency Radiology – The Basics’



Dr. Elda G. Ramirez, PhD, RN, FNP-BC, ENP-C, FAEN, FAANP, FAAN

Dr. Ramirez is a Professor of Clinical Nursing at the at the Cizik School of Nursing, University of Texas Health Science Center at Houston and a Nurse Practitioner at the Ben Taub Emergency Department. She has been a nurse, nurse researcher and nurse educator for over 30 years and is a well-known author and lecturer. Dr. Ramirez earned her PhD from Texas Woman's University, Houston, Texas in 2006 and is a Fellow of the American Academy of Nurse Practitioners and the Academy of Emergency Nursing. In 2009 she was awarded the Emergency Nurses Association's Frank L. Cole Nurse Practitioner National Award and the Hall of Fame Award from the University of Texas Medical Branch Alumni Association. Dr. Ramirez has received over 2 million dollars in funds from Texas Higher Education Coordinating Board to educate Nurse Practitioners in emergency care.

Learner Objectives: The learner will have increased knowledge regarding the history of radiology and standards for diagnosis as well as improved skills in basic interpretation of radiology films.

10:00 – 11:00

'You Mad Bro: Dealing With and Defusing Aggressive Behavior'



Kevin McFarlane, MSN, RN, CEN, TCRN

Mr. McFarlane is currently the House Administrator at CHI St. Luke's the Vintage Hospital in Houston where he is responsible for managing the after-hours operations and patient flow for the facility, serves as a clinical resource to the patient care staff and functions as a resource for policy and procedure interpretation and execution. Mr. McFarlane is a nationally recognized speaker and educator on emergency nursing topics and leadership development. He is also the host of a brand new podcast called the Art of Emergency Nursing.

Learner Objective: At the end of the session participants will have increased knowledge and skills to identify potentially aggressive behavior and how to best deescalate aggressive patients.

11:10 – 12:10

'Flight Physiology'



Perry Frost, NRP, FP-C

Mr. Frost is a flight paramedic and Outreach Education Coordinator for the Methodist Air Care / Air Evac Lifeteam. His duties include field training, protocol development, medical director liaison and hospital Code Blue Committee liaison. Mr. Frost became an EMT in 2008 and received his Paramedic certification in 2011. He worked as a ground EMT for 11 years and has been a Flight Medic for 3 years. Mr. Frost is an AHA Faculty member and a NAEMT Affiliate Faculty Member. He is certified to teach all AHA courses, PHTLS, AMLS, the GEMS from NAEMT as well as teaches EMS courses at all levels. In addition, he provides educational courses for Advanced Practitioners, Medics, Nurses and Physicians.

Learner Objectives: Attendees will have increased knowledge regarding the gas laws which impact patients in flight, the stressors of flight, 4 types of hypoxia, and flight hazard mitigation for patients and providers.

13:00 – 14:00

'Legal Issues in the Care of Behavioral Health Patients in the ED'



Brigid Sheridan, BSN, J.D.

Ms. Sheridan has been the Associate General Counsel – Director Legal Accounts for the University Health Systems since 2003. She provides legal counsel to health care providers on a variety of issues including end of life care and the many statutory and regulatory requirements that impact mental health care in a diverse health care system. Ms. Sheridan also serves on the Hospital Transfer Committee and the Ethics Committee. Her previous experiences as a registered nurse, an Assistant District Attorney and Municipal Court Judge have given Ms. Sheridan valuable insight into the complexities of the legal issues that impact both the staff and patients within the health care system

Learner Objectives: Participants will be able to identify key elements of legally compliant, effective, and safe behavioral health care in the emergency department.

14:10 – 15:10

'Sepsis: The Past, Present and Future'



Dr. Bravein Amalakuhan MD

Dr. Amalakuhan is an established Pulmonologist and Critical Care physician locally here in San Antonio. He is board certified in Critical Care Medicine, Pulmonary Medicine and Internal Medicine. He is also subspecialty trained in Cardiac Surgical Critical Care. Dr. Amalakuhan serves on numerous academic committees and councils including the American College of Chest Physicians' Chest Foundation Grant Review Committee, Clinical Research Steering Committee (CHEST) and Pharmacy & Therapeutics Committee for the Methodist Healthcare System. He has done research in the areas of burn out syndrome in critical care workers, sepsis and chronic lung diseases. He has published works in numerous textbooks and peer reviewed journals, as well as given lectures on multiple medical topics both locally and nationally.

Learner Objectives: Learner will be able to define the different types of sepsis as well as diagnose and apply evidence based treatments.

15:30 – 16:30

'WOW! That's a lot of blood! Mass exsanguination at its best'



Steven Jewell, BSN, RN, CEN, CPEN

Mr. Jewell is a Critical Care Registered Nurse at the Brooke Army Medical Center, Fort Sam Houston, Texas. The only Level I trauma and burn facility in the department of defense. Besides his active role within the critical care and triage areas of the emergency department, Mr. Jewell also serves as a trauma charge and resource nurse within the department. Mr. Jewell is an active national speaker and author on a variety of topics to include: trauma resuscitation, triage, critical incident stress management, and others. He is an avid proponent of nursing students in a critical care environment providing many lectures each year to bridge the synthesis of textbook learning and real-life modalities of care. Mr. Jewell is a Past President of the Texas ENA, Past Chairperson of the ENA Foundation, and currently a Trustee on the ACEP Emergency Management Foundation.

Learner Objectives: The learner will have an increased knowledge and understand regarding mass exsanguination options available for resuscitation and trauma, the new tools at the disposal of the trauma team to include: Tranexamic Acid (TXA), Tourniquet, and Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA) as well as the new Extracorporeal Membrane Oxygenation (ECMO) and its use in an emergent situation.