



# HIGHLIGHTS

San Antonio Emergency Nurses' Association  
Chapter 197

Volume 38, Number 5  
September / October  
2011

## *Education Headlines this Month*

In April 2011, the American Academy of Pediatrics issued new Child Passenger Safety Guidelines regarding the use of car seats. The recommendations are modeled after research in Sweden which has enjoyed lower death and injury rates for their children riding in car seats.

The new recommendations are as follows:

Infants and toddlers should ride rear-facing until they are at least two years of age unless they have exceeded the weight or height limit of their rear facing seat. Previous guidelines required children to ride rear facing only until their first birthday and one year of age.

Toddlers over 2 years of age should ride forward facing in a 5 point harness until they have outgrown the weight or height limits of the forward facing seat. Many of the forward facing seats have increased weight limits from 40 pounds to 50-65 pounds. Parents are advised to use the tether strap located at the top of the car seat because this strap limits the child's forward head movement in a crash.

Booster seats are recommended for children who have exceeded the weight limit or height limit of their harnessed forward facing seat unless they are already 4 feet 9 inches tall. Typically, children reach 4 feet 9 inches when they are between 8 and 12 years of age. Booster seat must always be used with lap and shoulder belts.

Children who have reached 4 feet 9 inches in height can safely ride in an adult lap and shoulder belt. The child should be able to sit up straight with his/her entire back supported by the back seat and his knees should bend at the edge of the seat. The lap belt should be positioned over the lower hips/upper thighs and the shoulder belt should cross the middle of the chest and shoulder.

**Never place a rear facing car seat in front of an active airbag.**

**Children under 13 years of age should ride in a rear seating position.**

**All occupants must be restrained either by a car seat or seat belt on every ride.**

Susan Douglass, MSN, RN, CEN  
Trauma and Injury Prevention Committee  
SA ENA President

## Special points of interest:

- ◆ Education
- ◆ Membership
- ◆ Facebook
- ◆ Meetings
- ◆ CEN
- ◆ Your Leadership
- ◆ By-Law Revisions

## Member Highlights!!

*New Members*

*15 Year Member!*

*CEN & YOU*

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## *SA ENA Upcoming Meetings*

**September 2011 7:30pm**

**2011 Annual Conference**

**Tampa, Florida September 20—24**

Www.ena.org

**October 17th, 2011 7:30pm**

Location: To Be Determined

Topic: Pain Management in the ER

**November 14th, 2011 7:30pm**

Location: To Be Determined

Topic: Patient Safety

Our topic's at the meetings usually come with CE's. If you are in need of free CE's, attendance at our monthly meetings is a great way to obtain them.

Watch for the e-mail "e-vite's" for the meeting locations and topics. Please verify your information and update your e-mail address at [www.ena.org](http://www.ena.org). There are more than 30 invalid or no e-mail addresses listed with ENA.

"Friend" our facebook at "San Antonio ENA" also for updates of meetings, educational offerings, etc.

## *Emergency Nursing Certification - CEN and you*

Did you know your hospital may pay for you to take the CEN? Or that they pay you more \$\$ every paycheck for being certified?? This is true!! Check with your human resources department for the monetary value I just described.

Getting your certification is easier than you think. Go to [www.ena.org](http://www.ena.org) and see for yourself!! Being a member of the ENA, the registration fee is cheaper as is the resource book. The resource book is invaluable as it may be hard copy or on-line. They both come with test bank questions to practice.

The SA ENA currently does not have a Certification Preparation Class. If you are interested in obtaining your CEN and would be interested in attending a Certification Preparation Class, please contact me and I'll see if enough interest is created to coordinate one. If you have any questions or need any assistance, please contact me. Steven J Jewell at [sjjewell@baptisthealthsystem.com](mailto:sjewell@baptisthealthsystem.com)

## *Nursing Scholarships*

There are four \$1,000 nursing scholarships and one \$2,500 nursing scholarship available through the Texas ENA. Go to [www.txena.org](http://www.txena.org) for details.

Deadline: September 15th, 2011 for application and supporting documents.

*ENA Annual Convention—Tampa, Florida*



*Texas ENA State Council Meeting*

October 14-15 2011

Special Educational Series will be included

Election of Officer and By-Law Amendments will take place

Arlington, Texas!!

[Www.txena.org](http://www.txena.org) for information and registration

Texas ENA Annual Meeting in **January, 2012**

To be held in **San Antonio**

Watch for more information

Great educational opportunities

Board Certification Examination opportunities

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## *Safety Whys—Barbara Baldwin,*

"SAFETY WHYS" has begun pioneering! It is a copyrighted Babysitter Training Program for youth ages 11-17 that began in 1989 & has expanded to Floresville. By being coordinated with the San Antonio Emergency Nurses Association, it aims at a continuum for setting quality standards for youth tending to young ones in their care. There are 7 required topics, dealing with various safety needs, & then some fun ones throughout the day's course. There is a lot of role playing, so the participants can be exposed to different scenarios, thus promoting prevention of potential problem areas.

Safety Whys, has been established as a separate Not-for-Profit Franchise & has a goal of making Helotes its National Headquarters.

A three year project of getting 2500 signatures, representing 45 states has accomplished getting a National Babysitter's Day Observance on the Saturday before the established Mother's Day. On June 14, 2002, with the assistance of U.S. Congressman Henry Bonilla, this National Observance was added to the Chase's Calendar of Events.

The first National Annual Babysitter's Day was Saturday, May 10th, 2003.

Along with the direct value of promoting quality child care, there are incentive avenues for youth to advance to Junior & Senior Assistants. Benefits include community service, leadership activity, networking, & potential travel.

In the Summer of 2014, Safety Whys is looking to taking on 7 states for 7 summers, in getting it's babysitter program in each state, via a customized Tour Coach.

Jr. & Sr. Assts are currently accumulating points, to compete for getting their picture on the Coach. There will be a requirement that there be an ENA liaison for every program being added, to keep the quality & professionalism of the course activity.

For more information, please contact [barbara@safetywhys.com](mailto:barbara@safetywhys.com).

### **SA ENA Annual Elections**

San Antonio Members!! In one short year, the time has come for election of your NEW officers. Elections will be held at the October meeting. This may be a longer than usual business meeting as elections are held and By-Law Amendments are voted on. Food and beverages will be provided.

If you are interested in serving on the Board the following positions are available: President-Elect, Secretary, and Treasurer. Please contact Mary Leblond, MSN, RN, CEN, CA-CP SANE at [littlemommannurse@aol.com](mailto:littlemommannurse@aol.com) or (210) 520-4471 so that she may place you on the Slate of Candidates.

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### *Membership Update*

The San Antonio ENA has a strong membership greater than 360+ members!! Last month we had **16** new nurses become members!! I sent out e-mails to ask them if we could introduce them to you.

We would like to say "Howdy" to: John "Van" Shaw, RN at the University Hospital Emergency Center as well as Kara Green, RN, BSN, MHA, Director of Emergency Services at Methodist Stone Oak. It's great to have strong members like these two join our Chapter.

This month, we have 4 members celebrating their 5 year anniversary, 3 celebrating their 15 year anniversary and 1 celebrating their 20th year membership anniversary!! Of special note is Janice Elliott, she is our current President-Elect of the SA ENA Chapter. She is celebrating her 15th year membership anniversary!! Thanks, Jan!! Good luck with your upcoming Presidential year.

If you're a member of the ENA in your department, it would benefit everyone to be a member of the ENA. Check out the web page for "group membership." Sign up 5 members and they may have an opportunity for reduced membership dues.

Jan will be making committee assignment after her election. If you are interested in serving on one of the many committees of the SA ENA, please contact her.

### **Mark your calendars**

**Emergency Nurses Week:            October 9—15, 2011**

**ER Nurses Day:                        October 12, 2011**

We will be coordinating events for this week in the SA ENA Chapter.

### **San Antonio ENA's Facebook Page**

<http://www.facebook.com/group.php?gid=279516790392>

We have 100 current "friends." let's add you. Keep up to date with the San Antonio Emergency Nurses' Association. May find people, ideas, and opportunities you didn't know you had!!!

# HIGHLIGHTS

## Proposed Bylaw Amendments—2011

Original Bylaw	Proposed Bylaw Amendment	Bylaw if Amendment Approved
<p>B. The SAENA is affiliated with the national Emergency Nurses Association (ENA) to implement its philosophy, objectives, and leadership on the local level, promoting education, as well as coordinating the professional activities of members with the local chapter in liaison with the Texas State ENA (TENA) and National ENA, General Assembly and Board of Directors of the ENA. The SAENA shall act in accord with the Bylaws and Procedures established by the ENA.</p>	<p>B. The SAENA is affiliated with the national Emergency Nurses Association (ENA) to implement its philosophy, objectives, and leadership on the local level, promoting education, as well as coordinating the professional activities of members with the local chapter in liaison with the Texas State ENA (TENA) and the National ENA., <b>General Assembly and Board of Directors of the ENA.</b> The SAENA shall act in accord with the Bylaws and Procedures established by the ENA.</p>	<p>B. The SAENA is affiliated with the national Emergency Nurses Association (ENA) to implement its philosophy, objectives, and leadership on the local level, promoting education, as well as coordinating the professional activities of members with the local chapter in liaison with the Texas ENA (TENA) and the National ENA. The SAENA shall act in accord with the Bylaws and Procedures established by the ENA.</p>
<p>1. President  a. Serves as Chief Executive Officer of the SAENA  b. Coordinates all SAENA administrative activities.  c. Presides at meetings of the membership.  d. Appoints committee chairpersons and committee members as circumstances warrant, including vacancies. Appointments are then ratified by majority vote of the SAENA Board of Directors.  e. Maintains and updates membership lists.  f. Ensures delegate applications for the National ENA General Assembly are complete and sent to the TENA by deadline.  g. Serves as a non-voting ex-officio member of all committees.  h. Appoints special committees.</p>	<p>1. President  a Serves as Chief Executive Officer of the SAENA.  b. Coordinates all SAENA administrative activities.  c. Presides at meetings of the membership.  d. Appoints committee chairpersons and committee members as circumstances warrant, including vacancies. Appointments are then ratified by majority vote of the SAENA Board of Directors.  <b>e. Maintains and updates membership lists.</b>  f. Ensures delegate applications for the National ENA General Assembly are complete and sent to the TENA by deadline.  g. Serves as a non-voting ex-officio member of all committees <u>except for the elections process committee.</u>  h. Appoints <b>special ad-hoc</b> committees. <u>Appointments are then ratified by majority vote of the SAENA Board of Directors.</u></p>	<p>1. President  a. Serves as Chief Executive Officer of the SAENA.  b. Coordinates all SAENA administrative activities.  c. Presides at meetings of the membership.  d. Appoints committee chairpersons and committee members as circumstances warrant, including vacancies. Appointments are then ratified by majority vote of the SAENA Board of Directors.  e. Ensures delegate applications for the National ENA General Assembly are complete and sent to the TENA by deadline.  f. Serves as a non-voting ex-officio member of all committees except for the elections process committee.  g. Appoints ad-hoc committees. Appointments are then ratified by majority vote of the SAENA Board of Directors.</p>
<p>2. President-Elect  a. Performs any duties assigned by the President of the SAENA.  b. Succeeds to the office of President at the expiration of the President's term. In the event the position of President becomes vacant, the President-Elect shall serve for the remainder of the unexpired term and the term for which (s)he is elected.  c. Assumes such responsibilities as assigned by the President and board of directors.</p>	<p>2. President-Elect  <b>a. Performs any duties assigned by the President of the SAENA.</b>  a. Maintains and updates membership lists.  b. succeeds to the office of President at the expiration of the President's term. In the event the position of President becomes vacant, the President-Elect shall serve for the remainder of the unexpired term and the term for which (s)he is elected.  c. Assumes such responsibilities as assigned by the President and board of directors.</p>	<p>2. President-Elect  a. Maintains and updates membership lists.  b. Succeeds to the office of President at the expiration of the President's term. In the event the position of President becomes vacant, the President-Elect shall serve for the remainder of the unexpired term and the term for which (s)he was elected.  c. Assumes such responsibilities as assigned by the President and board of directors.</p>
<p>3. Secretary  a. Records and maintains minutes of all meetings of the SAENA Chapter and Board of Directors.  b. Provides a monthly report of the previous meetings' minutes and distributes communication as directed by the SAENA.</p>	<p>3. Secretary  a. Records and maintains minutes of all meetings of the SAENA Chapter and Board of Directors.  b. Provides a monthly report of the previous meetings' minutes and distributes communication as directed by the SAENA.  <b>c. Assumes such responsibilities as assigned by the President and board of directors.</b></p>	<p>3. Secretary  a. Records and maintains minutes of all meetings of the SAENA Chapter and Board of Directors.  b. Provides a monthly report of the previous meetings' minutes and distributes communication as directed by the SAENA.  c. Assumes such responsibilities as assigned by the President and board of directors.</p>
<p>4. Treasurer  a. Maintains SAENA financial records, receipts, and paperwork in accord with generally accepted accounting procedures.  b. Presents a SAENA budget proposal annually.  c. Maintains SAENA banking accounts.  d. Present a complete written report of the finances of SAENA at each business meeting of the SAENA.  e. Be familiar with Internal Revenue Service (IRS) regulations and duties and requirements as outlined in common law.  f. If applicable, maintain tax-exempt status according to common law.</p>	<p>4. Treasurer  a. Maintains SAENA financial records, receipts, and paperwork in accord with generally accepted accounting procedures.  b. Presents a SAENA budget proposal annually.  c. Maintains SAENA banking accounts.  d. Present a complete written report of the finances of SAENA at each business meeting of the SAENA.  e. Be familiar with Internal Revenue Service (IRS) regulations and duties and requirements as outlined in common law.  f. If applicable, maintain tax-exempt status according to common law.  <b>g. Assumes such responsibilities as assigned by the President and board of directors.</b></p>	<p>4. Treasurer  a. Maintains SAENA financial records, receipts, and paperwork in accord with generally accepted accounting procedures.  b. Presents a SAENA budget proposal annually.  c. Maintains SAENA banking accounts.  d. Present a complete written report of the finances of SAENA at each business meeting of the SAENA.  e. Be familiar with Internal Revenue Service (IRS) regulations and duties and requirements as outlined in common law.  f. If applicable, maintain tax-exempt status according to common law.  g. Assumes such responsibilities as assigned by the President and board of directors.</p>
<p>5. Immediate Past President  a. Serves for one year immediately following the term of President with full voting privileges.  b. Arranges for suitable officers candidates to be placed on the ballot for the October election.  c. Serves in an advisory capacity on SAENA matters.</p>	<p>5. Immediate Past President  a. Serves for one year immediately following the term of President with full voting privileges.  b. Arranges for suitable officers candidates to be placed on the ballot for the October election.  c. Serves in an advisory capacity on SAENA matters.  <b>d. Assumes such responsibilities as assigned by the President and board of directors.</b></p>	<p>5. Immediate Past President  a. Serves for one year immediately following the term of President with full voting privileges  b. Arranges for suitable officers candidates to be placed on the ballot for the October election.  c. Serves in an advisory capacity on SAENA matters.  d. Assumes such responsibilities as assigned by the President and board of directors.</p>
<p>Section II: Responsibilities  A: The Board shall be subject to the direction of the SAENA and none of its actions shall conflict with requested action put forth by the SAENA.</p>	<p>Section II: Responsibilities  A: The Board shall be subject to the direction of the SAENA, <b>and n</b>None of its actions shall conflict with requested action put forth by the SAENA <u>unless such requested action is detrimental to the corporation or in conflict with ENA and TENA.</u></p>	<p>Section II: Responsibilities  A: The Board shall be subject to the direction of the SAENA. None of its actions shall conflict with requested action put forth by the SAENA unless such requested action is detrimental to the corporation or in conflict with ENA and TENA.</p>

<p>Section III: Meetings a: The board shall hold a minimum of six (6) business meetings per year.</p>	<p>Section III: Meetings A. The board shall hold a minimum of <b>six (6) four (4)</b> business meetings per year.</p>	<p>Section III: Meetings a: The board shall hold a minimum of four (4) business meetings per year.</p>
<p>ARTICLE VII NOMINATIONS &amp; ELECTIONS TERMS OF OFFICE AND VACANCIES Section I: Nominations and Election Policies A: Elections for the position of President-elect, Secretary, and Treasurer shall be held at the October business meeting.</p>	<p>ARTICLE VII <b>NOMINATIONS &amp; ELECTIONS</b> TERMS OF OFFICE AND VACANCIES Section I: <b>Nominations and</b> Elections Policies A: Elections for the position of President-elect, Secretary, and Treasurer shall be held at the October business meeting.</p>	<p>ARTICLE VII ELECTIONS TERMS OF OFFICE AND VACANCIES Section I: Elections Policies A: Elections for the position of President-elect, Secretary, and Treasurer shall be held at the October business meeting.</p>
<p>G: A slate of officer candidates will be published in the Chapter Newsletter thirty (30) days prior to the election.</p>	<p>G: A slate of officer candidates will be <b>published</b> presented in the <b>Chapter Newsletter</b> official SAENA publication at least thirty (30) days prior to the election.</p>	<p>G: A slate of officer candidates will be presented in the official SAENA publication at least thirty (30) days prior to the election.</p>
<p>D: A vacancy in the office of Secretary or Treasurer may be filled by a current member of the Board of Directors, SAENA Chapter member, or remain vacant as approved by a majority vote by the entire Board of Directors. E: In the event that the office of President is vacated, the Immediate Past President may remain as Immediate Past President for a second term, or the office may remain vacant.</p>	<p>D: A vacancy in the office of Secretary or Treasurer may be filled by a current member of the Board of Directors, SAENA Chapter member, or remain vacant as approved by a <b>majority two-thirds (2/3)</b> vote by the entire Board of Directors. E: In the event that the office of President is vacated, the Immediate Past President may remain as Immediate Past President for a second term, or the office may remain vacant <b>as approved by a two-thirds (2/3) vote of the entire Board of Directors.</b></p>	<p>D: A vacancy in the office of Secretary or Treasurer may be filled by a current member of the Board of Directors, SAENA Chapter member, or remain vacant as approved by a two-thirds (2/3) vote by the entire Board of Directors. E: In the event that the office of President is vacated, the Immediate Past President may remain as Immediate Past President for a second term, or the office may remain vacant as approved by a two-thirds (2/3) vote of the entire Board of Directors.</p>
<p>Section I: Business Meetings and Special Meetings A: The SAENA shall conduct at least six (6) business meetings per year. The meetings shall be called by the President.</p>	<p>Section I: Business Meetings and Special Meetings A: The SAENA shall conduct at least <b>six (6) four (4)</b> business meetings per year. The meetings shall be called by the President.</p>	<p>Section I: Business Meetings and Special Meetings A: The SAENA shall conduct at least four (4) business meetings per year. The meetings shall be called by the President.</p>
<p>D: Special meetings may be called by the President upon request of a majority vote of the board or upon the written request of a majority of the SAENA members.</p>	<p>D: Special meetings may be called by the President upon request of a majority vote of the board or upon the written request of <b>a majority of the five (5) SAENA members. At least five (5)</b></p>	<p>D: Special meetings may be called by the President upon request of a majority vote of the board or upon the written request of five (5) SAENA members. At least five (5) days notice shall be given.</p>
<p>A: The SAENA shall have the following standing committees: 1. Professional Education 2. Newsletter B. The SAENA may appoint ad hoc committees as need requires in a manner prescribed in these bylaws. C: Additional Standing and Special Committees may be appointed by the SAENA and ratified by the SAENA Board of Directors as circumstances warrant. D: The SAENA President shall serve as a non-voting, ex-officio member of each committee.</p>	<p>A. The SAENA shall have the following standing committees: <b>1. Bylaws and Standard Operating Procedures</b> 2. Professional Education <b>2. Newsletter</b> 3. Elections Process Committee <b>B: The SAENA may appoint ad hoc committees as need requires in a manner prescribed in these bylaws.</b> C: <b>Additional Standing and Special</b> Ad hoc committees may be appointed by the SAENA president and ratified by the SAENA Board of Directors as circumstances warrant. <u>Recommendations for dissolution of ad hoc committees shall be made by the president and ratified by the SAENA Board of Directors.</u> D: The SAENA President shall serve as a non-voting, ex-officio member of each committee <u>except for the elections process committee.</u></p>	<p>A: The SAENA shall have the following standing committees: 1. Bylaws and Standard Operating Procedures 2. Professional Education 3. Elections Process Committee B: Ad hoc committees may be appointed by the president and ratified by the SAENA Board of Directors as circumstances warrant. Recommendations for dissolution of ad hoc committees shall be made by the president and ratified by the SAENA Board of Directors. C: The SAENA President shall serve as a non-voting, ex-officio member of each committee except for the elections process committee.</p>
<p>ARTICLE XII OFFICIAL PUBLICATION SAENA shall publish a newsletter as its official publication. It shall be published four times a year. Any requirement that notice shall be given to all members whether individually or otherwise shall be satisfied by publication of that notice in this official publication. This communication may be made by electronic means to any member with an active email address.</p>	<p>ARTICLE XII OFFICIAL PUBLICATION SAENA shall publish an <b>newsletter as its</b> official publication four (4) times a year. <b>It shall be published four times a year.</b> Any requirement that notice be given to all members whether individually or otherwise shall be satisfied by publication of that notice in this official publication. This communication may be made by electronic means to any member with an active email address <b>and posting to the SAENA website.</b></p>	<p>ARTICLE XII OFFICIAL PUBLICATION SAENA shall publish an official publication four (4) times a year. Any requirement that notice be given to all members whether individually or otherwise shall be satisfied by publication of that notice in this official publication. This communication may be made by electronic means to any member with an active email address and posting to the SAENA website.</p>

By Laws of the SA ENA can be viewed on our website: [www.sanantonioena.org](http://www.sanantonioena.org). Any questions regarding these By Law recommended changes can be sent to: Michael Moon, MSN, RN, CNS-CC, CEN, FAEN, Member Bylaw Ad hoc Committee.

\*\*\*\* CEN \*\*\*\*

Become a **Certified Emergency Nurse!** Show your patients that you have taken an extra step to provide better patient care, and a safer patient environment.

Look for educational materials at [www.ena.org](http://www.ena.org) as well as information in the upcoming Highlights Newsletters!

# Highlights

Volume 38, Number 4  
September / October 2011

San Antonio Emergency Nurses' Association, Chapter 197  
P.O. Box 680103  
San Antonio, Texas 78268  
Sanantonioena.org

To submit articles, pictures, ideas for the SA ENA  
Newsletter, please contact Steven J Jewell, RN at  
sjjewell@baptisthealthsystem.com  
Or jst4jstn@gmail.com  
210-215-2414—Cell



Be a part of a large community sharing ideas, awards, and friendship—Join the **SA ENA Facebook page!!** We currently have 106 members exactly. Our goal is to double that by the next newsletter publication. You'll be surprised to see how many of your friends across Texas are members.

## 2011 SA ENA Leadership

### President

Susan Douglass, RN, MSN, CEN  
Susan.douglass@uhs-sa.com

### President-Elect

Jan Elliott, RN  
Txjansa@aol.com

### Secretary

Peggy L Dubuque, RN  
Pdubuque1@yahoo.com

### Treasurer

Yvonne Moseley, RN  
ymoseley99@yahoo.com

### Immediate Past-President

Mary LeBlond, RN, MSN, CEN,  
Littlemommanurse@aol.com

### Injury Prevention Chair

Susan Douglass, RN, MSN, CEN  
Susan.douglass@uhs-sa.com

### Newsletter Editor

Steven Jewell, RN  
sjjewell@baptisthealthsystem.com

### Membership Chair

Peggy Dubuque, RN  
Pdubuque1@yahoo.com

### TNCC / Trauma Chair

Susan Douglass, RN, MSN, CEN  
Susan.douglass@uhs-sa.com

### Nursing Practice Chair

Mary LeBlond, RN, MSN, CEN  
Littlemommanurse@aol.com

### ENPC / Pediatric Chair

Diane Walcutt, RN  
dianewalcutt@yahoo.com

### Government Affairs Chair

Mary LeBlond, RN, MSN, CEN  
Littlemommanurse@aol.com

### EMS Liaison

Tom Culwell, RN, BSN, CEN, CCRN, CFRN

[www.sanantonioena.org](http://www.sanantonioena.org)